



Recreation Attire

Guidelines

Though we do not employ a strict dress code, the below-mentioned attire guidelines provide a more enjoyable experience for all.

For attire and supplies, please follow the following guidelines:

Dance

Ballet:

Girls – Ballet pink tights, bodysuit, pink ballet shoes (Students aged 5 and under, may wear tutu-style bodysuits/outfits, provided they do not inhibit their ability to participate in class and are not a tripping hazard). Hair: Pulled back into a bun

Boys – T-shirt, shorts or yoga pants, black ballet shoes

Jazz:

Girls – Tan tights, bodysuit, black jazz shoes (may also wear closely-fitted tank tops and/or yoga pants, capris or shorts). Everyday street clothes or sweat pants are not permitted. Hair: Pulled back and up, off the face (ponytail, French braid, bun)

Boys – T-shirt, shorts or yoga pants, black jazz shoes

Tap:

Girls – Tan tights, bodysuit, black tap shoes (Mary Jane “Tyettes” for girls aged 6 and under, Jazz Oxford for students aged 7 and over). Hair: Pulled back and up, off the face (ponytail, French braid, bun)

Boys – T-shirt, shorts or yoga pants, black Jazz Oxford tap shoes

Hip Hop/Hippity Hop:

Girls – Yoga tops and/or bottoms, comfortable clothing, indoor runners (Jeans and outside runners are not permitted). Hair: pulled back from the face (ponytail, headband, etc.)

Boys – Yoga bottoms, shorts or comfortable pants, T-shirt, indoor runners. (Jeans and outside runners are not permitted)



Circus Acro:

Girls – Yoga tops and/or bottoms, closely-fitted, moveable clothing, convertible tights and bodysuit, bare feet (everyday street wear, loose clothing or jeans are not permitted). Hair: Pulled back and up, off the face (ponytail, French braid, bun)

Boys –Yoga pants or shorts, T-shirt, bare feet

Kids Zumba:

Yoga tops and/or bottoms, T-shirt, comfortable, moveable clothing, indoor runners (Jeans and outside runners are not permitted)

**Tights, bodysuits and most dance shoes are available at stores such as Walmart, Payless, Superstore, and H & M for a reduced price. These may also be purchased at your closest dance supply store.

Karate

Comfortable bottoms (shorts, capris, or yoga pants) and a T-shirt or yoga top to allow for movement, with bare feet. Uniforms (Gi) are available upon request. Please speak directly with your instructor if interested in purchasing a gi.

Intro to Yoga

Yoga attire (tops and bottoms), bare feet. Children will be required to bring their own yoga mats for the class. Small sized Yoga mats are available at Walmart for a reasonable price.

Sports Jam

T-shirt, shorts or yoga bottoms, comfortable, moveable clothing, indoor runners (Jeans and outside runners are not permitted)

Reading program

Most material will be supplied for the class. Your child may bring a four lined writing journal and a pencil.



Important:

- If your child is at the centre already, they will be escorted to the gym or designated class after being signed out from their class and signed into the program. After class they will be taken back to their class. Please send their clothes in a small bag and the staff will ensure they get changed prior to the class.
- If your child is not at the centre please ensure when you are dropping your child off to hand them to the teacher and sign them in. Do not leave children unattended in the hallway. Please arrive five minutes prior to pick up outside the gym.
- For the first few classes we will be checking ID for pick up while the teachers get to know the children.
- Please complete the waiver form and provide to the teacher on the first day.

If you have any further questions please feel free to email me at kcollier@brightpathkids.com.

Regards,
Kathy Collier